

MORE THAN FOOD, INC.

# Instructional Materials Order Form

\$15 each (plus \$4.95 shipping & handling)  
 10% discount for orders of 5-9 different masters  
 15% discount with orders of 10 or more  
 Please fill out and mail with your check.

Enclose your check and mail to:  
 Bonnie Y Modugno, MS, RD  
 530 Wilshire Blvd, Suite 310  
 Santa Monica, CA 90401

PRICE	QUANTITY	TOTAL COST	
			<b>NUTRITION HANDOUT</b> (padded in packets of 25)
\$25.00			Squaring off the Food Pyramid
			<b>NUTRITION HANDOUTS</b> (Camera ready PDF)
\$ 15 each			Basic Food Plan for Insulin Resistance
\$ 15 each			Exchange Food Plan For Insulin Resistance
\$15 each			Rating the Carbohydrates
\$15 each			Where's the Protein?
\$15 each			Basic Breakfasts for Insulin Resistance
\$15 each			Lunch and Dinner for Insulin Resistance
\$15 each			Vegetarian Meals for Insulin Resistance
\$15 each			Snack Ideas for Insulin Resistance
\$15 each			Snacks to Last—Heartier snacks or small meals for Insulin resistance
			<b>COUNSELING HANDOUTS</b> (Camera ready PDF)
\$15 each			How Much Is Enough?
\$15 each			Model of Change
\$15 each			Functional Food Systems

<b>Subtotal</b>		NAME
<b>Less discount</b>		ADDRESS
<b>Shipping/handling</b>	\$ 4.95	
<b>TAX</b>		CITY STATE ZIP
<b>Total</b>		PHONE EMAIL

**SPECIAL NOTES**